

POSSIBILITY IN ACTION

This book is specifically designed to stimulate awareness and raise questions as to where you might be falling into complacency. It is about shifting perspective so you can become an effective creator of your own life.

It offers you prompts to stretch the way you have been habitually thinking. To rethink a myriad of accumulated beliefs and add ones by choice. You will be invited to step back and open your mind to construct new neural connections by thinking differently than you have in the past.

This book is built for you to contemplate various ideas and unlock your inherent wisdom. Yes, you heard me right – you already have everything inside you because there is no you other than you. No one else can craft or live your life. You have an overabundance of intrinsic knowledge buried by the noise from the outside. Time to turn inside, break habitual thinking patterns, and find out what your positive inner voice has been trying to say.

The idea of this book is not for you to accept the musings as truths or a reality. Instead, they are there for you to see what resonates or doesn't resonate with you. They are there to help you uncover outdated thought processes, limiting beliefs, and unhelpful perspectives, so you can live your unique life.

www.possibilityinactionthebook.com



ABOUT ROBERT

Robert Pardi is the Author of Possibility in Action, A Pimby Tale, and Chasing Life. He is also a well-known, compelling, International Keynote Speaker; Transformational Life Coach; and Adjunct Professor.

Robert has an MBA in finance from Columbia University and has lived in Abu Dhabi, Dubai, and Rome. He now splits his time between his native New York and his ancestral Italian village Pacentro.



A NOTE FROM ROBERT

I had always thought how nice it would have been if someone I admired handed me a handbook with all the essential topics on how to live a great life. Better, it would have been amazing if it was in a “how-to” format. Then, as I journeyed along, I realized such a book would not only be impossible, but not even useful because what worked for others would not work for me. In truth, there can be no one set of instructions that will work for every single one of us, because we are each unique. What is needed is to learn – or better – remember who we are, and that means bringing awareness to how we think.

I was compelled to write this book to share moments of reflection I've experienced. I call them musings. Pondering concepts similar to these led me to those wonderful Ah-ha moments that helped wake me up to living my life authentically. I realized curiosity is the key to transformation.

It all starts with understanding yourself and how you think. In other words, it starts with awareness and perspective because you and only you can change your life. Only you can change how you think, how you feel, and how you live.

The future will happen with or without your input, be active, be conscious, take action, and make it happen for you!

www.robertpardi.com